Curriculum & Materials for Beginner Knitting Classes  
(6 weeks)

Class Objectives:  
Learn basic knitting techniques. Make simple projects to practice techniques.

Materials Needed:  
Materials needed for each lesson are listed below. Students should bring the required materials to each class.

Lesson Plans:  
Week 1  
Materials Needed: #10, 14” Knitting needles (your choice of metal, wood or plastic), 2 skeins worsted-weight yarn (i.e. Red Heart Super Saver or Caron Perfect Match) It should be a smooth yarn, not textured, and can be any color that isn’t too dark (no black or navy blue, for example).  
Handouts: List of yarn stores in the Santa Monica area, Class Curriculum & Materials.  
Homework: Finish knitting knit-stitch scarf.

Week 2  
Learn casting-off and finishing. Learn fringe application & knotting. Learn purl stitch & stockinette stitch. Discuss mistakes: dropped stitch, added stitches, inconsistent stitches, etc. Practice purl stitch. Begin stockinette-stitch scarf or add stockinette stitch to work in progress.  
Materials Needed: Metal yarn needle, #H or #I crochet hook , scissors , #10, 14” knitting needles, 2 skeins worsted weight yarn, cardboard for making fringe (supplied by teacher).  
Homework: Finish stockinette-stitch scarf.

Week 3  
Learn how to read stitch patterns. Learn basic patterns: ribbing, checkerboard, basket weave, ladder stitch, moss and others. Practice following pattern stitch instructions. Begin pattern stitch sampler or pattern stitch sampler scarf. Learn about blocking. Discuss next week’s project & materials needed. (See options listed below.)  
Materials Needed: #10, 14” knitting needle, 1-2 skeins worsted weight yarn.  
Handout: Blocking Instructions. Instructions for some Simple Knitted Pattern Stitches.  
Homework: Work on pattern stitch sampler or pattern stitch sampler scarf.
Week 4
Discuss any questions regarding pattern sampler and continue working on it.
Continue discussion of mistake correction. Choose remaining projects & discuss materials needed. (See below.)
*Homework:* Finish pattern sampler/scarf and work on new project chosen.

**Weeks 4 through 6 - Choose from the following lesson possibilities (to be discussed and agreed upon by entire class):**

**Option 1**
Learn about working with textured yarns. Practice knitting with assorted yarns. Begin textured yarn scarf. Discuss effect of different needle sizes.
*Materials Needed:* Appropriate size knitting needles, assorted textured yarns.
*Homework:* Knit textured-yarn scarf.

**Option 2**
Begin knitting pig. Begin to learn shaping and learn to decrease. Learn to cast on in the middle of a project. Practice reading a pattern.
*Materials Needed:* #10, 14” knitting needles, 1 skein Lion Brand Jiffy yarn.
*Handout:* Pig pattern.
*Homework:* Finish knitting pig.
*If making pig, continue following week….*
Learn to sew and stuff pig, complete pig.
*Materials Needed:* yarn needle, ½ bag of polyester fiberfill stuffing material.

**Option 3**
Begin knitting hat on straight needles. Begin to learn shaping and learn to decrease. Practice reading a pattern.
*Materials Needed:* #10, 14” knitting needles, 1 skein worsted weight yarn.
*Handout:* Hat pattern for straight needles.
*Homework:* Finish knitting hat.
*If making straight-needle hat, continue following week….*
Learn to sew hat.
*Materials Needed:* yarn needle.

**Option 4**
Combine ribbing & stockinette stitch to make handwarmers. Practice reading a pattern.
*Materials Needed:* #10, 14” knitting needles, 1 skein worsted weight yarn.
*Handout:* Handwarmer pattern.
*Homework:* Finish knitting handwarmers.
*If making handwarmers, continue following week….*
Learn to sew handwarmers.
*Materials Needed:* yarn needle.
Option 5, (For advanced students):
Begin knitting hat on circular needles. Learn to use circular needles.
*Materials needed:* #10, 16” circular needle, 5 #10 double-pointed needles, 1 skein worsted weight yarn.
*Handout:* Circular-needle hat pattern.
*Homework:* Finish knitting circular-needle hat.
**If making circular-needle hat, continue following week....**
Learn to end off hat.
*Materials Needed:* yarn needle.

Option 6, (For advanced students):
Make a simple, felted purse. Learn basic felting technique. Learn to cast-off and cast-on in the middle of a row.
*Materials needed:* #10, 14” needles, 2 skeins thick, “feltable” yarn (To be “feltable”, yarn must have a high wool content so it will shrink when washed in hot water. A couple of suggested yarns found at Joann’s are: *Landscapes* or *Sensations Bellissimo*).
*Handout:* Felted purse pattern.
*Homework:* Finish knitting purse and do felting.
**If making felted purse, continue following week....**
Learn to sew purse.
*Materials Needed:* yarn needle.