

SANTA MONICA COLLEGE | WINTER 2016

# COMMUNITY EDUCATION

---

## & Professional Development

*New Year, New You, New Attitude*



**Special Open House on January 23rd**

**15% discount when you register for classes on the same day**

See page 19 for details



# Feed Your Body and Mind for a Great Beginning



Sala dei Pappagalli, Palazzo Davanzati, built during the second half of the 14th century.

## New Lecture Series at Community Education

### Winter Lecture Series:

#### Palaces, Princes, and Paramours

Celebrate the year with an exciting new lecture series—combining talks with lavish slide illustration—on historical European design, which not only offers a wealth of visual resources that inspire modern design, but also provides a better understanding of cultural influences that held sway over the artistic development of Europe. Through exploration of three major centers of influence—Italy, France, and England—this series covers the art, architecture, and decorative arts of the countries that held such power within the realms of their palaces, princes, and paramours. Subscribe to all three lectures in the series for \$59.

See page 8 for more details.

- **The Decorative Arts and Interiors of the Italian Renaissance**  
January 23
- **Henry VIII and the Legacy of the Tudor Court**  
January 30
- **The Role of the Royal Mistress in the Design of Great French Palaces**  
February 6



## Start the New Year with New Moves

Try the unique dance-based **Afrovibe**, a cardio-workout based on a variety of African, Brazilian, Caribbean, and Middle Eastern dances, and caters to all fitness levels! Our **Hip-Hop Dance**, is a crowd pleaser that is stimulating enough for more seasoned dancers, but at a pace that beginners can easily follow. Special occasions coming up this year? **Ballroom Dance** to the rescue! Show off your moves and be the center of attention. *Muy caliente!* Raise the temperature of your calorie-burning power with our popular **Zumba® Toning** and **Cardio Salsa**—the perfect post-holiday pick me up.

See page 15 for more details.



## Learn a New Language

### Parlez-vous français? Parli italiano?

你会说中文吗? There is no time to start learning a new language like the present. Our brand new **Mandarin Chinese for (Business) Travelers** is ideal for those who plan to travel to Chinese-speaking countries and need basic survival skills in this complicated language. For those who are lured by the romance of Italy, our compact 3-week course of **Italian for Travelers** returns this winter to prepare you for your journey to the Eternal City. And what about those rolling “r”s of the French that are easy on the ears but hard on the tongue? Fear not, **French Pronunciation Workshop** is a 2-week intensive workshop that will get you to pronounce French words like an expert in no time. No prior knowledge of French necessary.

See pages 9–10 for more details.



# SANTA MONICA COLLEGE COMMUNITY EDUCATION

WINTER 2016



## PERSONAL INTEREST ..... 4

Art | Crafts | Enrichment | Food & Dining | Home & Garden | Just for Fun | Languages | Music | Photography | Stage & Screen | Trips, Tours & Excursions | Writing



## HEALTH & FITNESS ..... 15

Dance | Fitness & Relaxation | Health & Safety | Sports



## KIDS & TEENS ..... 17

## PROFESSIONAL DEVELOPMENT ..... 18

Business and Finance | Career Enhancement | Computer and Internet Courses | Entrepreneurial Training | Health Professions | Money Management | Notary Public/Renewal



## ON THE NET ..... 26

Bartending | Driver Education | Notary | Personal Fitness Training Certificate



## TO REGISTER ..... 28

## REGISTRATION FORM ..... 30

## ABOUT COMMUNITY EDUCATION

To meet the lifelong learning needs of the community, SMC Community Education offers hundreds of classes to individuals who wish to explore their personal interests or enhance their careers. Our low-cost, not-for-credit Community Education courses are designed to enrich lives through hands-on workshops and lively classes in art, writing, dance, and many other areas, with special classes for children and teens. Our fee-based professional development and continuing education programs and seminars strive to promote career development and professional training and certification. Classes on a wide range of topics are also offered online. For more information, please visit our website at [commmed.smc.edu](http://commmed.smc.edu) or call the SMC Community Education office at (310) 434-3400.

## HOW TO REGISTER FOR CLASSES:



### ONLINE

[commmed.smc.edu](http://commmed.smc.edu)



### PHONE

310-434-3400



### EMAIL

[CommEd@smc.edu](mailto:CommEd@smc.edu)



### FAX

310-434-3409



### MAIL

SMC Community Education  
1900 Pico Boulevard  
Santa Monica, CA 90405



### VISIT

SMC Bundy Campus  
3171 S. Bundy Drive,  
Room 112  
Los Angeles, CA 90066  
8:30 am to 4:30 pm,  
M-F

# PERSONAL INTEREST

Our Personal Interest courses are a great way to explore and develop new or longtime personal interests and hobbies, as well as prepare to take that next step in your personal and family projects.

## Art

Please note: Most art classes require students to provide their own supplies. These are NOT included in the course fee, unless otherwise noted. A supply list will be sent with your confirmation.

### Cartooning for Fun (& Profit)

Would you like to be a cartoonist? Ever wonder how your favorite cartoons get into national publications? Introduce yourself to every facet of the cartoon art process, from concept to finished product. Through lectures, in-class demonstrations, and hands-on training, you'll learn the techniques of professional cartooning, including a variety of drawing and inking methods, character development, gag-writing, and marketing. Materials fee \$5 at class.

\$99 | Neal Yamamoto  
SMC Bundy Campus, Room 435

Tue 7:00p – 9:00p Jan 5 – Feb 9

### The Art of Glass Fusing

Explore the art of using a kiln to fuse together pieces of glass. Find out about glass choices, preparation, cutting, and composition. Then experiment with the materials and apply your own style and creative ideas as you learn how to use a variety of fusing and slumping techniques, how to use a kiln, and what you need to know about firing programs, annealing times, and recordkeeping. Materials fee \$100 for new students and \$30 for returning students at class covers first few projects. Plan to spend an additional \$100 (or more, depending on the size and complexity of the work you wish to design) during a class field trip (to be arranged) to learn about, choose, and purchase additional materials for the remainder of the course. As this class is in high demand with limited seating, all registrations are final, and NO REFUNDS, CREDITS, or TRANSFERS will be given.

\$219 | Terri Bromberg  
SMC Main Campus, Art 124

Fri 9:00a – 3:00p Jan 8 – Feb 5

### INTRODUCTION TO MOSAIC ART – Carmelo Fiannaca



*Carmelo is a great teacher. He's calm, helpful, knowledgeable and encourages individual creativity.*

—Student



### Basic Inking for Comics & Cartoons

No comic or cartoon is truly finished until it's been inked. Inking adds that all-important layer of clarity, depth, and "believability" to penciled art. In a hands-on course that demystifies the process, learn the basic inking techniques most commonly used for cartoons and comic books. Students with all levels of drawing skills are welcome, but novices may wish to take Creating Comics & Graphic Novels first. Remember: It's not over until the ink is dry! Materials fee \$5 at class.

\$99 | Neal Yamamoto  
SMC Bundy Campus, Room 435

Sat 10:00a – 12:30p Jan 9 – Feb 6

### Introduction to Mosaic Art

Acquire the skills to create mosaic art. As you custom-decorate a small flowerpot with your choice of ceramic, glass, bead, stone, shell, and other materials, learn about the history, design, styles, and cutting techniques used in mosaics. Supply list provided at registration on class confirmation. Continuing students who would like to create a different kind of mosaic piece should register into Mosaic Art II. Materials fee \$40 at class.

\$129 | Carmelo Fiannaca  
SMC Main Campus, Art 124

Sat 9:00a – 1:00p Jan 9 – Feb 6

### Mosaic Art II

Prerequisite: Introduction to Mosaic Art. Explore how to design your own project—from murals, tables, and mirror frames, to shoes, old instruments, and turning masks into sculptures—as you learn how to cover flat and 3-dimensional surfaces. Also, find out more about the materials and tools that are used for variable assemblage art in a course that offers a great study of concept techniques for commercial or personal art. You will need to purchase all materials for the project. Repeat students should consult instructor before the course begins. Materials fee \$20 at class.

\$129 | Carmelo Fiannaca  
SMC Main Campus, Art 124

Sat 11:00a – 3:00p Jan 9 – Feb 6

## Stone Carving

Learn stone carving techniques using traditional hand tools: sculpture hammer, chisel, rasp and file. Finish your work by sanding, polishing and mounting on a wood base. Create three dimensional abstract or representational sculptures. Bring sketched ideas to the first meeting. Beginning students will purchase alabaster or soap stone at the first meeting. Stones will range approximately \$20-\$40, plus \$20 for finishing supplies. Basic tools provided for use in class. Advanced students may continue on existing projects. Materials fee \$60 at class.

\$219 | Terri Bromberg  
SMC Main Campus, Art 124

Sun 11:00a – 5:00p Jan 10 – Feb 7\*  
\*No class on Jan 17.

## DRAWING

### Colored Pencil Techniques

WOW! That's colored pencil? Yes, it is, and you can learn how to get those vibrant colors and complex textures. Experiment with a variety of techniques for using wax- and oil-based colored pencils, water soluble pencils, and various papers and mixing media as you explore color theory, composition, project design, and finding a personal style. Drawing experience helpful. Materials fee \$10 at class.

\$99 | Arlene Weinstock  
SMC Emeritus College, Room 205

Tue 6:30p – 9:00p Jan 5 – Feb 9

### Colored Pencil for Continuing Students

If you've completed "Colored Pencil Techniques" and are ready to work on projects of your own, come build on the basics and learn new techniques to make your own art. You'll receive individual instruction to advance your colored pencil and art-making skills. Materials fee \$10 at class.

\$99 | Arlene Weinstock  
SMC Emeritus College, Room 205

Tue 7:00p – 9:30p Jan 5 – Feb 9



Stone Carving

### Basic Life Drawing

Learn to draw the human form in a class designed for creative individuals with little figure drawing experience. Work with charcoal, graphite, and Conte crayon as you explore the creative use of materials to portray and interpret the figure within the composition. You'll receive direction on proportion, volume blocking, and some anatomy in the first three weeks, then learn about special techniques for drawing knees, elbows, feet, hands, and the head. You will be working with live models. Recommended textbook (not required; available online): Complete Guide to Life Drawing, by Gottfried Bammes (ISBN-10: 1844486907).

\$199 | Jason Kunke  
SMC Emeritus College, Room 204

Tue 6:00p – 9:30p Jan 5 – Feb 9

### Introduction to Basic Drawing

Learn how to compose with line, shape, tone, and color in a class designed to introduce you to the basics of drawing from life. Using still-life setups and our environment as sources of visual inspiration, you'll find out how to work with perspective, positive and negative shape, and texture as you explore the use of traditional drawing materials. A great class for beginners!

\$99 | Freddie Manseau  
SMC Emeritus College, Room 204

Wed 6:30p – 9:30p Jan 6 – Feb 10

### Intermediate Drawing

If you have some basic drawing experience, come develop the techniques necessary to hone your drawing skills and move you toward a more personal creative direction. We'll tailor projects to your interests, and suggest ideas and subject matter to inspire you.

\$99 | Freddie Manseau  
SMC Emeritus College, Room 204

Thu 6:30p – 9:30p Jan 7 – Feb 11



Mosaic Art

## PAINTING

### Landscape Painting

If you've ever wanted to know how to paint landscapes from photos or computer images, this is the class for you! Using oil or acrylic, learn the processes for capturing an image or impression in paint as you work from photographic subject matter. Explore the basics of painting landscapes, including the role of seeing, using color as value, how to mix paint and match color, and the process of building the surface.

\$89 | Bryan Ricci  
SMC Main Campus, Art 100

Sat 9:30a – 12:30p Jan 9 – Feb 6

### Paint Anything!

Join us for a fast-paced, energetic course in the wonders of making paintings! If you are a beginning or intermediate painter, explore how to use multiple painting mediums—watercolor and gouache, or acrylic and oil paints—or focus on working with the medium of your choice. Learn about a new method of painting each week, and discover how to use new or non-art materials like liquid masking fluid, spraypaint, enamel, and collage, just to add some fun! We have a rapidly forming community of painters who are excited to get to know you.

\$89 | Bryan Ricci  
SMC Main Campus, Art 100

Sat 1:00p – 4:00p Jan 9 – Feb 6

### Sumi-e Painting

Explore the fundamentals of the ancient art of Sumi-e (“ink picture”) painting, and discover how just a few simple strokes of the brush can express an idea. Enrich your knowledge of a different art technique with ancient and Eastern roots, and learn about the traditional art and culture of Japan. Optional \$15 for a painting kit.

\$89 | Sherry Davis  
SMC Main Campus, Art 118

Sat 10:00a – 12:00p Jan 9 – Feb 6

### Painting in Watercolor – Level 1

Come try your hand at a wonderful art form with subtle nuances and spontaneity, as well as brilliance and control. Learn traditional watercolor techniques through invaluable demonstrations that will give you a solid foundation. Watercolor is a medium that's not as unforgiving as you might think, so come find out about some surprising tricks that will wash away those fears!

\$89 | Freddie Manseau  
SMC Main Campus, Art 102

Sun 10:00a – 1:00p Jan 10 – Feb 7\*

\*No class on Jan 17.

### Painting in Watercolor – Level 2

Join a class designed for those who wish to improve and guide their watercolor techniques toward a more personal and creative direction. In a supportive, constructive, and stress-free environment, learn how to achieve desired effects that will enhance previous painting attempts, and find out about effective methods for attaining more satisfying results with new projects.

\$89 | Freddie Manseau  
SMC Main Campus, Art 102

Sun 2:00p – 5:00p Jan 10 – Feb 7\*

\*No class on Jan 17.

## Crafts

### JEWELRY

#### Bead & Jewelry Basics

Earrings! Bracelets! Necklaces! Learn to make them all—and do easy repairs—in this hands-on basic jewelry workshop. We'll cover stringing beads on various types of wire and cord, attaching clasps, wire-wrapping and looping, pearl knotting, bead weaving, and basic chain maille. You'll complete two pieces of jewelry each week, and take home detailed instructions for future projects. Be prepared to purchase some jewelry tools in class at discounted prices (\$6 each). Do NOT buy any new tools until after class discussion. Bring to class a small towel and any jewelry tools you already own. Materials fee \$45 at class.

\$59 | Susan Ryza  
SMC Emeritus College, Room 408

Tue 7:00p – 9:30p Jan 19 – Feb 2

#### Sumi-e Jewelry Workshop

**NEW!** Love wearing unusual jewelry and like to paint? Discover a new and creative way to paint in the Sumi-e style. In a workshop that combines the ancient art of Japanese brush painting with contemporary jewelry design, learn how to apply delicate strokes of the ink brush to a mother-of-pearl disc to create a unique, one-of-a-kind handpainted keepsake necklace. Materials fee \$20 at class.

\$49 | Sherry Davis  
SMC Main Campus, Art 118

Sun 12:00p – 2:00p Jan 31

#### SUMI-E PAINTING – Sherry Davis

“

*Loved the class! Ms. Davis was extremely supportive, knowledgeable and free in a very positive artistic way.*

—Student

”



## Wire Rings

Create beautiful rings by bending wire and adding beads. Learn how to make rings in 3-4 different styles, and take home a finished ring in each style. Bring to class a small towel and any jewelry tools you already own. Do NOT buy any new tools until after class discussion. Tools will be available for purchase in class at discounted prices. Materials fee \$20 at class. Materials fee \$20 at class.

\$39 | Susan Ryza  
SMC Emeritus College, Room 408  
Tue 7:00p – 9:30p Feb 9



Wire Rings

\$69 | Rebecca Prange  
SMC Bundy Campus, Room 339  
Sat 9:30a – 2:30p Feb 6

## TEXTILE ARTS

### Leather Hand-Sewn Basics

**NEW!** Make a stunning wallet in a hands-on leather-stitching workshop. Learn the basic techniques as you find out how to cut smooth edges on leather, punch holes, saddle stitch, and install a button stud closure. The stitching is all by hand, no machine necessary. Tools will be available for use in class. No prior experience necessary!

\$49 | Rebecca Prange  
SMC Bundy Campus, Room 339  
Sat 9:30a – 12:30p Jan 23

### Asian Printmaking

Discover the basics of Asian printmaking in a unique hands-on workshop designed for professionals, artists, fashion/textile students, and manufacturers. Find out about all three techniques by building a wood, paper, and/or linoleum printable plate with tools provided for use in class. Then put the plate to work using a Japanese Barren (6-8 inch disc) to print on paper and fabric. All inks are nontoxic, and you'll also learn about different types of Asian paper, as well as where to purchase supplies locally. No studio or expensive equipment needed! Materials fee \$35 at class.

\$99 | Charlotte Chen  
SMC Main Campus, Art 126  
Sun 9:00a – 1:30p Jan 24 – Jan 31

### Sewing Machine Basics

What's a seam allowance? Find out the answer when you join us in learning the basic stitches, seams, and operations of your sewing machine. In a fun, hands-on class, uncover the mystery of stitch length and width, backstitching, zigzag, winding a bobbin, and basic sewing tools while working on a small project. Bring to class a full-sized sewing machine in good working order with a pair of sharp scissors and a sack lunch. Materials fee \$20 at class.

## Enrichment

### Introduction to Basic Mindfulness

Ever wanted to learn how to meditate? Want to improve your ability to concentrate, or to de-stress from the pressures of everyday life? Basic Mindfulness is a clear, easy way to begin. In a supportive class that includes simple instructions and brief in-class guided meditation sessions, learn how to enhance your clarity of sense perception, build your concentration power, and develop equanimity and restfulness in ways that can be applied directly to daily life.

\$99 | Betzi Richardson  
SMC Bundy Campus, Room 321  
Wed 7:00p – 9:00p Jan 6 – Feb 10

### Essential Ayurveda: Ancient Wisdom for Longevity and Happiness

Learn about ayurveda—the sister science to yoga and an ancient holistic system of medicine from India still practiced today—in a fun class that combines interactive lectures and experiential exercises. Explore the basic ayurveda principles geared toward bringing balance through diet and lifestyle choices. Find out how to apply these principles to receive instant benefits from them, and to meet your needs in our modern, fast-paced culture. No prior knowledge of ayurveda or yoga is required.

\$69 | Lois Leonhardi  
SMC Bundy Campus, Room 239  
Tue 6:30p – 9:30p Feb 2 – Feb 9

### PALACES, PRINCES, AND PARAMOURS SERIES

**NEW!** Join us for an exciting new lecture series—combining talks with lavish slide illustration—on historical European design, which not only offers a wealth of visual resources that inspire modern design, but also provides a better understanding of

cultural influences that held sway over the artistic development of Europe. Through exploration of three major centers of influence—Italy, France, and England—this series covers the art, architecture, and decorative arts of the countries that held such power within the realms of their palaces, princes, and paramours.

Series Pricing: \$59/three classes; \$25/class

### The Decorative Arts and Interiors of the Italian Renaissance

**NEW!** The “rebirth” of the arts during the Renaissance period gave rise to the importance of patronage in the arts. As Italy became the cultural center of Europe and the cradle of the new ideas of humanism, its wealthy families supported fine and decorative arts in the creation of opulent interiors. Explore the splendid art, magnificent architecture, and luxurious decorative arts that graced the homes of the Renaissance. The lives of these wealthy patrons of the arts will also be discussed within the social and political surroundings of the period.

\$25 | Eleanor Schrader

SMC Main Campus, HSS 165

Sat 10:00a – 1:00p Jan 23

### Henry VIII and the Legacy of the Tudor Court

**NEW!** The splendor and pageantry of the Tudor Court of King Henry VIII heralded the entry of England into the European Renaissance. As Henry rewarded his loyal followers with lands seized from monasteries, he set in motion the creation and decoration of palaces and manors, a trend that continued for three centuries, from the Renaissance through the Baroque and Georgian periods. Explore the splendid architecture and sumptuous interiors, furniture, and decorative arts of each period, set against the backdrop of court intrigues and the private lives of the individuals who owned these estates.

\$25 | Eleanor Schrader

SMC Main Campus, HSS 165

Sat 10:00a – 1:00p Jan 30

### The Role of the Royal Mistress in the Design of Great French Palaces

**NEW!** A taste for elegance and luxurious refinement created a world in which royal mistresses—with almost unlimited spending power—could tap the talents of their country’s best painters and decorative artists to embellish their kings’ palaces and residences. Explore the lives of influential

mistresses to the French kings—including Madame du Pompadour and Madame du Barry—within the social and political surroundings of court life.

\$25 | Eleanor Schrader

SMC Main Campus, HSS 165

Sat 10:00a – 1:00p Feb 6

## Home & Garden

### Landscape Design & Construction

Find out from a featured landscaper on HGTV’s “Landscapers’ Challenge” how to analyze an existing house and yard to make the best landscaping decisions. Learn a step-by-step approach to begin a landscaping project that can be added to and enjoyed as it matures with age. Classes cover how, where, and when to start a project, and how to design for hillside, sunny, shady, small, and large lots. Bring to class your site photos and a site plan (a hand-drawn one is fine), a 5-gallon Rhipiopholis plant, and pruning shears.

\$69 | Charlotte Chen

SMC Bundy Campus, Room 236

Sat 9:00a – 2:00p Jan 9 – Jan 16

### DIY – Matting and Mounting

**NEW!** Learn how to protect your artwork, give your work a personal touch, and skip the charges of a commercial framer by doing it yourself! In a class offering hands-on practice, find out about the various types of boards and adhesives available; how to determine the correct size, style, shape, and color of the cut out (matte) to enhance visual effects; and what you need to know about different matting styles. Bring to class an artwork/photograph (no larger than 8" x 10"), a sharpened pencil, a metal straight edge (12 inches or longer), and an exacto knife with extra blades. Materials fee \$20 at class.

\$49 | Charlotte Chen

SMC Bundy Campus, Room 123

Sat 9:00a – 2:00p Feb 6

## Just for Fun

### Practical Tarot – The Minor Arcana

Learn about the Tarot’s Minor Arcana and the various meanings and ways to interpret its 56 cards (four suits of 14 cards each). Without memorizing the meanings of each card, discover how variations in the cards’ artwork, combined with your own intuitive



abilities, can enhance and enrich a Tarot reading. After taking this class, you'll have a better understanding of how the cards of the Minor Arcana can add layers and clarify a Tarot reading. You'll practice what you learn in each class by playing Peter Rosson's "Tarot Profiling Game." If you have a Tarot deck, bring it along to class.

\$99 | Davida Rappaport  
SMC Bundy Campus, Room 240

Tue 6:45p – 9:45p Jan 5 – Feb 9

### Intermediate Bridge

In a fun and exciting class, continue developing and building on your skills and strategies for playing bridge. Materials fee \$7 at class.

\$79 | Candace Scott  
SMC Bundy Campus, Room 436

Thu 7:00p – 9:00p Jan 7 – Feb 11\*

\*No class on Jan 21.

## Languages

Note: Some language classes may require a textbook, which is NOT included in course fee. Level 2 classes are a continuation of Level 1.

### Accent Reduction – American English

Do people often ask you to repeat what you've said? Is a thick accent preventing you from advancing professionally? In an interactive, information-packed course, learn the secrets to speaking clear, easily understood American English, and find out how to avoid—or fix—the most common errors made by foreign speakers of English, regardless of their native language. Required textbook (available online) : *Mastering the American Accent with Audio CDs* by Lisa Mojsin (ISBN-10: 0764195824). Please bring your textbook to our first class.

\$89 | Nicola McGee  
SMC Bundy Campus, Room 428

Tue 6:30p – 8:30p Jan 5 – Feb 9

### Practical Mandarin Chinese for (Business) Travelers

**NEW!** Planning to visit China on business? If you have little or no previous knowledge of the language, this is the class for you! In just 6 weeks, you'll learn the basics of pronunciation, greetings, conversing about daily activities, asking basic questions, recognizing commonly used signs, and more! Materials fee \$10 at class.

\$89 | Lucy Liao  
SMC Bundy Campus, Room 216

Thu 7:00p – 9:30p Jan 7 – Feb 11

### PRACTICAL TAROT – THE MINOR ARCANA – Davida Rappaport



*Davida taught me how to trust my intuition and use tarot in combination with my intuition. Excellent class!*

—Malini I.



### Spanish for Absolute Beginners

If you're an absolute beginner when it comes to studying or speaking Spanish, here's a chance to 'meet' the language and start getting acquainted with it. Learn how to say the alphabet, use numbers, tell time, and use the verb 'to be.' Pick up some basic vocabulary that will help you describe things and people, as well as express your wants and desires.

\$99 | Lilian Montepeque  
SMC Bundy Campus, Room 435

Thu 6:00p – 9:00p Jan 7 – Feb 11

### Practical Conversational English

Join this lively class and learn practical, useful English. Improve your ability to speak and understand everyday English and idioms as you explore American life and culture. Here is a unique chance to practice your English while conversing with people from all over the world. Students must have intermediate to advanced conversational skills; continuing and new students are welcome to join the class. You may enroll at any time, but there will be NO credit, refund, or proration of enrollment fees. Educational hours awarded based on attendance, NOT class length, and are NOT for transfer credit. Required textbook: *Perfect Phrases for ESL Conversation Skills: With 2,100 Phrases*, by Diane Engelhardt. ISBN-13: 978-0071770279. Please purchase prior to first day of class.

\$139 | Nicola McGee  
SMC Bundy Campus, Room 428

Fri 9:30a – 12:30p Jan 8 – Feb 5

### Italian for Travelers

In a short course specifically designed for travelers, immerse yourself in a fun, relaxed atmosphere as you learn practical Italian used in common travel situations, such as asking for directions, finding accommodations, ordering at restaurants, and more! Emphasis will be on developing your conversational and listening skills, with a splash of the colorful cultural that is uniquely Italian. Materials fee \$10 at class.

\$79 | Paola Barcaccia  
SMC Bundy Campus, Room 240

Sat 11:00a – 2:00p Jan 16 – Jan 30

## French Pronunciation Workshop: "The Sound of French"

Do you wish you could speak French with a Parisian accent and understand it when spoken by the natives? This workshop is for you! Learn the sounds of French and practice pronouncing them correctly, so as to be understood. Practice hearing the small differences between sounds which you have to be able to distinguish in order not to mistake one word for another. Become aware of how words are strung together and what sounds are dropped in informal speech. All this, plus practicing the typical intonation (melody) and rhythm patterns of French and learning how spelling correlates with pronunciation, and you'll be well on your way toward sounding like a native! No prior knowledge of French necessary. Materials fee: \$30 at first class—includes textbook and two one-hour pronunciation CDs. Materials fee \$30 at class.

\$89 | Margaret Drach

SMC Bundy Campus, Room 328

Sat 1:00p – 4:00p Jan 16 – Jan 23

## Music

### Beginning Guitar

Have a guitar sitting somewhere, just waiting to be played? Ever wanted to strum the strings and make music, but think it's too hard for you? With a little practice, *anyone* can learn to play the guitar, so sign up for this class designed to transform your view of the guitar into the joyous, creative, and accessible musical instrument that it is. Learn the open chords that form the basics of guitar music, and gain an overview of basic music theory. You and your fellow students will help pick the pieces to be taught, so everyone will have a choice of music. Bring to class your guitar—acoustic, classical (nylon strings), or electric (no amp needed, but small amp OK). Required textbook (please purchase before attending class): *Hal Leonard Guitar Method, Second Edition – Complete Edition*, by Will Schmid and Greg Koch (ISBN-13: 9780881881394).

\$99 | Peter Risi

SMC Performing Arts Center, Room 104

Tue 6:30p – 8:00p Jan 5 – Feb 9

### One-On-One Piano (5 years – Adult)

Finally! One-on-one piano lessons that are truly affordable, and private instruction is the best way to learn to play the piano. These 30 minute sessions are open to adults or children and will progress at their own pace. Beginners will focus on note reading, rhythm reading and music theory while more advanced students will work on



Learning to Play Guitar

chord progressions, inversions, and piano technique. Materials used will depend on experience and music style. **Students should have a piano/keyboard at home for daily practice.**

\$129 | Sarah Olim

SMC Performing Arts Center, Room 104

Wed 6:30p – 7:00p Jan 6 – Feb 10

Wed 7:00p – 7:30p Jan 6 – Feb 10

Wed 7:30p – 8:00p Jan 6 – Feb 10

Wed 8:00p – 8:30p Jan 6 – Feb 10

Wed 8:30p – 9:00p Jan 6 – Feb 10

\$109 | Sarah Olim

SMC Performing Arts Center, Room 104

Sat 12:00p – 12:30p Jan 9 – Feb 6

Sat 12:30p – 1:00p Jan 9 – Feb 6

Sat 1:00p – 1:30p Jan 9 – Feb 6

Sat 1:30p – 2:00p Jan 9 – Feb 6

### Guitar II

**NEW!** Suggested prerequisite: Beginning Guitar or skills in basic note reading, ability to play a few open position chords, and a general basic feel for the guitar. If you want to move ahead in your guitar playing and build on the introductory elements you've previously learned, here's the right class to get you to the next level.

\$89 | Peter Risi

SMC Performing Arts Center, Room 104

Fri 6:30p – 8:00p Jan 8 – Feb 5

### Beginning Piano – Playing for Fun

Have you always wanted to learn to play the piano? Here's your chance! Using a quick and easy modern method, develop basic piano skills as you learn about notes, rhythm, chords, and pedaling, and how to apply these basics to popular and classical music. No prior piano knowledge or experience required. Materials fee \$14 at class.

\$89 | Sarah Olim

SMC Performing Arts Center, Room 200

Sat 2:30p – 5:30p Jan 9 – Feb 6

### Learn to Play Guitar in a Day!

This unique one-day workshop, as seen on PBS, is for busy adults without the time for

weekly music lessons. It's a crash course that will get you strumming and picking in just one day! You'll learn basic chords, simple strumming and picking patterns, tuning techniques, how to play familiar songs, guitar care, and much, much more! Bring to class your acoustic guitar. Materials fee includes book and electronic tuner. Materials fee \$30 at class.

\$79 | Marlene Hutchinson  
SMC Performing Arts Center, Room 103  
Sat 10:00a – 3:00p Jan 30

## Photography

### PHOTO WORKSHOPS

Our Photo Workshops—led by professional photographers who teach in the Santa Monica College Photography Department—will take your passion for photography to new levels!

Workshops range from basic camera skills all the way up to studio lighting and portfolio development. You'll gain hands-on experience at every stage, with instructors who share their years of knowledge as they work beside you to show you how to get the shots you want.

So sign up now, and start creating better photographs!

#### Basic Photography

Make your digital camera work for you. Learn about using available light (natural or artificial), composition, exposure, and techniques that turn snapshots into professional-quality photographs. You'll shoot slides that will be shown and discussed in class. Bring your cameras and camera instruction manuals to the first class. Digital and film cameras are welcome. Bring your camera to the second class.

\$99 | Larry Jones  
SMC Bundy Campus, Room 221  
Wed 6:30p – 9:30p Jan 6 – Feb 10

#### Beyond Basic Photography

If you take consistently good pictures and feel confident in your basic knowledge of your Digital Single-Lens Reflex camera (DSLR), f-stops, shutter speeds, focus, and exposure controls, this class will take you one step farther. Learn the details of color, composition, lighting conditions, and visual perspective through a variety of photography assignments.

\$99 | Larry Jones  
SMC Bundy Campus, Room 221  
Thu 6:30p – 9:30p Jan 7 – Feb 11

### On the Street with Your Camera

Learn how to capture images the way documentary photographers do. If you are an intermediate/advanced photographer, find out how to use imagery to make statements without words. This hands-on workshop covers composition, visual direction, lighting (natural and flash), proper lens selection, and controlling depth of field. With an emphasis on the styles of Henri Cartier-Bresson, Keith Carter, Gordon Parks, Mary Ellen Mark, W. Eugene Smith, and Garry Winogrand, photo assignments feature the significance of conveying a story (photo essay or photo story), an environmental portrait, and 'the decisive moment' with your images.

\$99 | Ed Mangus  
SMC Main Campus, Drescher Hall 115  
Sat 1:00p – 5:00p Jan 9 – Feb 6

### Black & White Printing – Advanced

Prerequisite: Beginning and/or Intermediate Black and White Printing, or instructor's consent. Refine your skills in creating high-quality, fiber-based black-and-white prints. Learn advanced printing techniques from an experienced instructor as you explore special toning techniques that can make your images stand out. The photo lab features high-quality chemicals and an individual enlarger for each student. Bring printing supplies and negatives to first class meeting. Attending the first class meeting is mandatory. Materials fee \$25 at class.

\$129 | Ed Mangus  
SMC Main Campus, Drescher Hall 127  
Sun 1:00p – 6:00p Jan 10 – Feb 7\*  
\*No class on Jan 17.

## INTERESTED IN TEACHING A CLASS FOR SMC COMMUNITY EDUCATION?

We are looking for instructors in

Arts & Crafts  
Dance  
Fitness  
Music  
Modern Language  
Writing  
and other areas...

For more information, visit our  
website at [commed.smc.edu](http://commed.smc.edu)  
or call 310.434.3400



### Tourist for A Day: Cellphone Photography

Explore Los Angeles with the wide-eyed perspective of a first-time tourist, and learn how to capture the mood and feel of the city effectively and efficiently using the camera in your cellphone. Develop a pair of discerning eyes as you find out what to look for, how to take artistic photographs that are more than just snapshots, and how to use these techniques in ANY city. Also, find out how to use a free app from your instructor for more creative “on the spot” artistic and provocative images. We’ll photograph at Union Station, Olvera Street, Grand Central Market, Angel’s Flight, the Bradbury Building, Disney Concert Hall, and the Cathedral of Our Lady of the Angels. Wear comfortable clothing and good walking shoes. Bring along a hat, sunglasses, a fully charged camera battery and extra battery or power source, and camera charging cord.

\$89 | Brian Leng

Meet at Philippe The Original,  
1001 N. Alameda St., Los Angeles

Sat 10:00a – 5:00p Jan 16

### Night Lights @ Santa Monica Pier

Ever wondered how to capture the gorgeous nightscape without the use of flash? Learn how to take photographs at the iconic Santa Monica Pier at night using just the available light! Using a time exposure, see how it affects the colorfully-lit moving Ferris Wheel! This hands-on workshop begins at SMC’s main campus with a review of technical procedures for nighttime photography, then puts what you’ve learned to work at Santa Monica Pier. You’ll receive one-on-one guidance from your instructor, giving you the chance to expand your knowledge and produce awesome works of art. Please bring your camera, tripod, jacket/sweater, water, snack, cell phone, small flashlight or camping headlamp.

\$79 | Brian Leng

SMC Bundy Campus, Room 236

Sat 4:00p – 9:00p Jan 30



Night Lights @ Santa Monica Pier. Photo © Rich Lake.

### TOURIST FOR A DAY: CELLPHONE PHOTOGRAPHY – Brian Leng



*Brian is very patient with us beginners!  
We learned a lot! Fun!*

—Lisa P.



## Stage & Screen

### Stand-Up Comedy Workshop With Comedy Store Graduation Show

Hone your skills as a stand-up comic in an exciting hands-on workshop designed for both the absolute beginner—as well as those already showcasing around town—and culminates with a Comedy Store Graduation Show. Learn techniques the pros use for joke writing, finding your comic personae and POV, and making the best choices for connecting with an audience. Also, gain an understanding of the business side of comedy, and how stand-up intersects with the world of sit-com development.

\$99 | Jonathan Solomon

SMC Bundy Campus, Room 235

Wed 6:30p – 9:30p Jan 6 – Feb 10

### An Introduction to Voiceovers

Don’t miss this fun, empowering introductory workshop covering the different types of voiceovers and what tools are needed to succeed in the voiceover arena. You’ll be coached on voiceover techniques and receive a professional voiceover evaluation. By the end of the workshop, you’ll have the necessary knowledge to help you decide if this is something you’d like to pursue.

\$49 | Voices for All

SMC Bundy Campus, Room 240

Thu 7:00p – 9:00p Jan 7

### Commercials, Improv, Acting and Filming

In a high-energy course that has it all, learn what you need to know about the TV commercial process. We’ll cover how to read copy and cue cards, how to get an agent, what kind of pictures you need, and how to build your resume. We’ll also develop your abilities at improv—a skill that’s become critically important in today’s auditions—and review the acting basics that can be used in all areas of the Industry. At our final class, we’ll FILM on camera, review footage, and critique.

\$79 | Priscilla Barnstable

SMC Bundy Campus, Room 440

Sat 3:00p – 5:00p Jan 9 – Jan 30

## Vocal Yoga

Explore the leading technique in voice work for actors today! Fitzmaurice Voicework uses modified yoga postures to unblock the breath and open the voice. Learn a series of exercises that promote vocal freedom, resonance, and power, and that can help you uncover deep layers of tension that might be hindering your voice and creative expression. These techniques can be used as a highly effective vocal/physical warm-up to incorporate into any training routine you use. Bring to class a yoga mat and small pillow.

\$49 | Heather Lyle

SMC Performing Arts Center, Room 102

Sat 12:30p – 3:30p Jan 30

## Trips, Tours & Excursions

### The Los Angeles Underground Art Museum

May Sun, Frank Romero, Margaret Garcia, Jonathan Borofsky, Sheila Klein, Terry Schoonhoven. These are just some of the many artists whose work is featured in the Underground Art Museum. Come join an exciting day-long tour that takes you on a point-to-point excursion through this extensive museum and includes walking tours of many of its surrounding neighborhoods. The Underground Art Museum stretches from North Hollywood all the way to Downtown LA, and while most people call it by its other name—the Metro Red Line—you'll be one of the few who gets to explore the spectacular art, distinctive architecture, special sights/sites, and other hidden treasures of LA with an informative guide. At the Universal Studio's stop we will attend the Annual Re-Enactment of the Treaty of Cahuenga Signing and celebrate the 168th anniversary of the historic signing. Wear comfortable walking shoes and casual clothes, and if you like, bring along a small, lightweight seat cushion to add to your comfort. Metro fare and lunch costs are NOT included in tour fee.

\$45 | Gayle Gale

Meet at the entrance of Hollywood and Vine Metro

Sun 10:30a – 4:30p Jan 10

### Tourist for A Day: Cellphone Photography

Explore Los Angeles with the wide-eyed perspective of a first-time tourist, and learn how to capture the mood and feel of the city effectively and efficiently using the camera in your cellphone. See listing in this schedule's Photography section for additional details.

\$89 | Brian Leng

Meet at Philippe The Original,  
1001 N. Alameda St., Los Angeles

Sat 10:00a – 5:00p Jan 16

### The Bible & The Biltmore

**NEW!** Visit "Passages," the Museum of the Bible's interactive traveling exhibit featuring hundreds of treasures from the Green Collection, one of the world's largest private collections of rare biblical texts and artifacts. Take a fascinating audio tour through the remarkable history of the Bible—from its transmission and translation to its impact and controversies—and much more! Then head to the iconic Biltmore Hotel in downtown Los Angeles for an included lunch, and explore the hotel's luxurious interior and its frescoes and murals, carved marble fountains and columns, massive wood-beamed ceilings, lead-crystal chandeliers, and beautifully embroidered tapestries and draperies. Availability is limited, so make plans to book your tour soon! ALL registrations are final, and NO REFUNDS, CREDITS, or TRANSFERS will be given. Price is subject to change. **Tours depart from SMC's Bundy Campus on time, so please be prompt. Parking is free. For more information, please call (310) 434-3400.**

\$89 | Good Times Travel

Meet at SMC Bundy Campus  
East Parking Lot

Sat 8:45a – 4:30p Jan 23

### Night Lights @ Santa Monica Pier

Ever wondered how to capture the gorgeous nightscape without the use of flash? See listing in this schedule's Photography section for additional details.

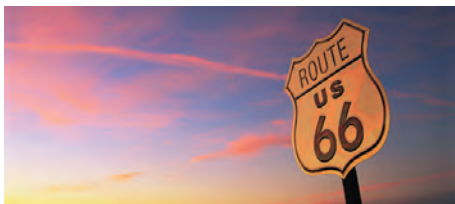
\$79 | Brian Leng

SMC Bundy Campus, Room 236

Sat 4:00p – 9:00p Jan 30

### Route 66... The Mother Road

**NEW!** Take a journey down memory lane on Route 66—"The Mother Road"—guided by a history buff with expertise on the evolution of Los Angeles. Travel through Glendora, Monrovia, Pasadena, and Los Angeles to see landmarks, historical buildings, and 'mom and pop' shops that made Route 66 the "Main Street of America." Snack on a donut (included) at the renowned Donut Man, then travel to historic Rancho Santa Anita for a visit to the L.A. Arboretum & Botanic Garden. Enjoy an included early lunch in the warm and woodsy North Woods Inn. In Sierra Madre, take a behind-the-scenes look at a jam factory—still producing the original recipe created four generations ago for orange marmalade—and shop in the barn store for fruit jellies and jams, syrups, and butters. Visit Galco's Soda Pop



Route 66... The Mother Road

Shop—boasting hundreds of vintage soda pops and ‘olde time’ candies—and sip on a soda (included). Bring along a hat and sunscreen (a sweater or light jacket is also recommended). Availability is limited, so make plans to book your tour soon! ALL registrations are final, and NO REFUNDS, CREDITS, or TRANSFERS will be given. Price is subject to change. **Tours depart from SMC’s Bundy Campus on time, so please be prompt. Parking is free. For more information, please call (310) 434-3400.**

**\$99 | Stacey Collins**  
SMC Bundy Campus, Room 239  
Mon 7:00p – 10:00p Jan 4 – Feb 8\*  
\*No class on Jan 18.

**\$99 | Good Times Travel**  
Meet at SMC Bundy Campus  
East Parking Lot

Fri 8:20a – 5:00p Feb 26

### As Seen in Sunset Magazine

**NEW!** Discover historical and architectural gems of Orange County featured in *Sunset Magazine*. On a tour guided by a former professor of urban studies who once helped to designate L.A.’s first residential historic district, you won’t be too far from home, but you’ll feel like you’ve been to Vietnam, the Vatican, and gone back in time! In “Little Saigon”—with the largest Vietnamese population outside of Vietnam—visit an enormous market like those in Southeast Asia. Indulge in some “Golden Age” nostalgia and enjoy an included lunch and ice cream dessert at the 100-year-old Watson’s Drug & Soda Fountain in historic Old Towne Orange. See an ornate Buddhist Temple and tour Santa Ana’s beautifully restored Orange County Courthouse, listed in the National Register of Historic Places. Visit Artists Village, a hidden ‘pocket’ that is home to wonderful galleries. Also—a highlight of the day—explore the Bowers Museum and its exhibits from around the world. Bring along a hat and sunscreen (a sweater or light jacket is also recommended). Availability is limited, so make plans to book your tour soon! ALL registrations are final, and NO REFUNDS, CREDITS, or TRANSFERS will be given. Price is subject to change. **Tours depart from SMC’s Bundy Campus on time, so please be prompt. Parking is free. For more information, please call (310) 434-3400.**

**\$89 | Good Times Travel**  
Meet at SMC Bundy Campus  
East Parking Lot

Fri 8:45a – 6:00p Mar 18

## Writing

### Writers Bootcamp

Explore ways to unlock your creative juices that allow you to write and complete a project. Find out how in-class writing prompts, tapping into memory, visualization, and sensory perception can help get you started and keep you going. Creative writing techniques will include character development, point of view, and story development. You’ll also learn about the business side of writing, as well as time management and goalsetting techniques. Both new and seasoned writers are welcome. Materials fee \$5 at class.

**\$99 | Stacey Collins**  
SMC Bundy Campus, Room 239

Mon 7:00p – 10:00p Jan 4 – Feb 8\*  
\*No class on Jan 18.

### How to Write Funny

In a hands-on workshop featuring lectures, in-class writing exercises, and supportive feedback, discover how to write a comedic piece that is part story, part essay, part dialogue, and entirely, uniquely “you.” Learn all about the tools, techniques, and tricks that comedy writers use to get laughs in sitcoms, screenplays, blogs, stories for live performance, and even business presentations. You’ll also make an exciting discovery: There are no limits to what can be written “funny!” Anything on your mind and in your heart can be expressed through humor. And last, but not least, we’ll have lots of fun and laughs along the way.

**\$129 | Jonathan Solomon**  
SMC Bundy Campus, Room 235

Thu 6:30p – 9:30p Jan 7 – Feb 11

### Introduction to Screenwriting

In an intensive course that introduces you to the fundamentals of dramatic screenwriting, find out about the tools that screenwriters have at their disposal to communicate their ideas. Gain hands-on experience through weekly writing exercises that develop specific screenwriting skills, then read your work aloud in class and take part in friendly discussions and critiques to understand your writing and what about it works, what doesn’t, and why.

**\$129 | Simone Bartesaghi**  
SMC Bundy Campus, Room 212

Thu 6:30p – 9:30p Jan 7 – Feb 11

register for classes  
**ONLINE**

at [commed.smc.edu](http://commed.smc.edu)



## Dance

### Cardio Salsa

Want to take Zumba to the next level? Here's a dynamic, energetic Latin dance workout that incorporates authentic Salsa, Cha-Cha, Merengue, Ballroom, Bachatta, Rhumba, Argentine Tango, and Ballet for the cool down. Learn how to move like a pro to the infectious rhythms of the latest music releases, and shed the calories while having fun. No partner required, and no dance experience necessary! Caution: This class is highly addictive. We have a large group of "Salsaholics"!

\$89 | Jackline Daneshrad  
SMC Emeritus College, Room 304

Wed 6:30p – 7:30p Jan 6 – Feb 10

### Afroville

**NEW!** Come try a unique dance-based cardio workout that's built around Afro dances—not only from Africa, but also the Middle East, the Caribbean, and Brazil—and caters to all fitness levels! This fun class combines fitness, follow-along choreography, and strength and conditioning exercises for your arms, core, and glutes. Please wear comfortable clothing.

\$89 | Ashley Chatman  
SMC Performing Arts Center, Room 102

Wed 6:30p – 7:30p Jan 6 – Feb 10

### Ballroom Dance – Take a Chance!

Shall we Swing? Will we Waltz? Try a Tango? Chance a Cha Cha? Look forward with a Foxtrot? Move to that Mambo beat? Or get ready to Rumba? Two of these dances will be taught for each 6-week session. Come join us, because no matter what the dance of the moment is, you'll have fun, and delight in the amazing joy of dancing. Open to singles and couples. Please wear soft shoes to protect the floor.

\$89 | Kathy Levyn  
SMC Emeritus College, Room 304

Thu 7:00p – 8:30p Jan 7 – Feb 11

### Hip-Hop Dance

**NEW!** Have a blast while getting an incredible workout! In a Hip Hop class that is introductory enough for beginners—yet stimulating enough for more experienced dancers—start with a fun warm up and stretch, followed by simple follow-along choreography that will really get your heart

pumping. Even if you've never danced before, you'll catch on quickly! Wear comfortable shoes and clothes you can move in easily.

\$89 | Lisa Kellogg  
Santa Monica Studio, Suite 103  
2901 Ocean Park Blvd.

Thu 7:30p – 8:30p Jan 7 – Feb 11

### Adult Ballet I

Learn ballet technique in an active workshop that introduces you to the basics of ballet barre and center exercises and emphasizes the development of correct body alignment and basic core strength. Workshop covers fundamental movement concepts, ballet terminology, and body and foot positions. Optional materials fee of \$20 for classical ballet flash cards.

\$109 | Cynthia Molnar  
SMC Performing Arts Center, Room 102

Sat 10:00a – 11:15a Jan 9 – Feb 6

## Fitness & Relaxation

### Zumba® Toning

Zumba Toning—combining targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba moves—is a calorie-torching, strength-training dance/fitness party. Learn how to use lightweight, maraca-like toning sticks to enhance rhythm and tone all your target zones, including arms, abs, and thighs. It's a perfect way to sculpt your body naturally, while having a blast! No dance experience required!

\$49 | Valerie Lernihan  
SMC Emeritus College, Room 304

Mon 6:30p – 7:30p Jan 4 – Feb 8\*

\*No class on Jan 18.

### Mat Pilates

Learn the techniques of Pilates, a system of controlled exercises that engage the mind and condition the total body. Find out how to activate the "powerhouse" muscles and conscious breathing to strengthen, lengthen, and tone the abdomen, pelvic cavity, lower back, glutes, hips, and thighs. Learn how to use concentrated movements of your arms and legs to create long, lean muscles and improve your body's alignment, enhance your balance, and increase muscular control. Therapeutically based, Pilates is ideal for rehabilitating selected injuries. Bring to class a yoga or Pilates mat. A ring and theraband will also be required (instructor will provide information).

\$79 | Valerie Lernihan  
SMC Emeritus College, Room 304

Mon 7:45p – 8:45p Jan 4 – Feb 8\*

\*No class on Jan 18.

## BODY MOVES FOR BRAIN POWER – Debbi Harper



*Lots of information, exercises, explanations and facts but Debbi made it fun and entertaining. Would take it again.*

—Louise S.



### Total Body Workout

**NEW!** Wishing you had a toned and sculpted body? This is the right class for you! All major muscle groups will be addressed in a workout that starts with a fun low-impact warm-up, followed by a sculpt session using hand weights, resistance tubing, medicine balls, and Thera bands. Comprehensive stretching of the upper and lower body for a strong, long, lean, and toned physique are included, along with special balance and posture exercises. Materials fee \$15 at class.

\$89 | Jackline Daneshrad  
SMC Emeritus College, Room 304

Tue 6:30p – 7:30p Jan 5 – Feb 9

### Yoga Therapy

Facing stress/pain due to injury or other chronic health challenges? Feel uncomfortable in a regular yoga class? Try Yoga Therapy, which incorporates mind, body, and breath awareness by combining modified yoga postures with ancient breathing and meditation techniques. These techniques—along with “conscious walking”—can help reduce pain/stress by restoring balance and increased flexibility, strength, and vitality. Each week, in a class session attuned to your conditions and refined constantly throughout the course, you will learn new postures, breathing, and meditation techniques, along with “conscious walking.” Bring to class a yoga mat.

\$99 | Michelle Cole  
SMC Bundy Campus, Room 436

Wed 6:30p – 8:00p Jan 6 – Feb 10

### Introduction to Iyengar Yoga

Learn hatha yoga the Iyengar way, a systematic approach to yoga developed by BKS Iyengar that is appropriate for anyone interested in more energy, strength, relaxation, and well-being. Iyengar yoga focuses on alignment in poses to help you improve your posture, increase your physical strength and flexibility, expand your body awareness, and support your ability to relax. Wear comfortable clothing and bring a yoga mat to class.

\$79 | Douglas Dee  
SMC Emeritus College, Room 308

Wed 7:00p – 8:30p Jan 6 – Feb 10

### Body Moves for Brain Power – Smart Exercises

If you think playing computer games and doing crossword puzzles is enough to keep your brain working at its peak as you age, think again! Come participate in the research-based activities (mostly in the chair) that incorporate rhythmic patterns and sequences designed to stimulate brain-cell function, boost focus, enhance blood flow to the brain, and improve mental responses. We've added new protective abdominal/core exercises (and handouts) to the program! Research is showing that you can significantly reduce the risk of developing symptoms of Alzheimer's disease by addressing the reversible risk factors. That all sounds brilliant, but the truth is this class is more fun than you can possibly stand! Space is very limited, so sign up right away, and get ready to feel better and think better! Materials fee \$15 at class.

\$69 | Debbi Harper  
SMC Bundy Campus, Room 436

Sat 9:00a – 10:00a Jan 9 – Jan 30

### Qigong Intro: 4-Minute Fitness

Want the health benefits of yoga and Tai Chi, but don't have the desire to learn all their complicated movements and complex terminology or the time to spend hours each week practicing their techniques? Discover a unique—and complete—body-mind fitness program that combines elements of Tai Chi, Qigong, yoga, and modern motivational techniques into one concentrated system. It's a workout that's easy to learn, easy to remember, easy to do, and best of all, takes only 4 minutes a day! \$20 Optional materials fee.

\$39 | Frank Blaney  
SMC Bundy Campus, Room 436

Sat 9:30a – 12:00p Feb 6

## Health & Safety

### AHA Heartsaver CPR with AED (Adult, Child, & Infant)

Learn the basic techniques of cardiopulmonary Resuscitation (CPR) and how to use an automated external defibrillator (AED). Find out how to recognize and respond to major life-threatening injuries like heart attack, stroke, choking, and breathing problems. This course is designed for all lay rescuers, such as family members or caregivers of elderly or dependent adults, parents or guardians of children and infants, airline personnel, and/or security guards. Materials fee \$15 at class.

\$49 | John Lynch  
SMC Bundy Campus, Room 221

Thu 6:00p – 9:30p Jan 21



## CO-REC Sunday Play

### Badminton & Table Tennis

#### Beginning and Intermediate Levels

TABLE TENNIS: Coaching workshops at 12p & 2p (\$6/\$4),  
open play 12p-7p (\$6/\$4)

BADMINTON: open play 12p-9p (\$6/\$4)

BASKETBALL: open play 8a-12p (\$4/\$2)

SMC Pavilion | Email [kidd\\_jo@smc.edu](mailto:kidd_jo@smc.edu) for details.

#### Reiki – Level 1

**NEW!** Find out about the Japanese natural healing system called Reiki, a relaxation technique that helps eliminate stress and increase the body's natural ability to heal. Learn the first level of Reiki for self-care and healing in a one-day workshop that focuses on how stress and habitual thinking patterns impact the body/mind, and shows you how to transmit the Reiki energy to the body for overall relaxation. Certificate of completion for Reiki Level I is awarded upon successful completion of the course. Materials fee \$20 at class.

\$119 | Nicole Miller  
SMC Bundy Campus, Room 123  
Sat 9:00a – 5:30p Jan 30

## Sports

#### Fundamentals of Horsemanship

Learn the basics of horseback riding in a fun class with riding instruction in the ring or on the trail. Get comfortable around horses, develop a secure seat, and find out how to communicate intelligently with the horse while you are in the saddle. Also, learn and practice safety rules around the stable, on the horse, and when riding with others. You must be at least age 18 and have a maximum weight of 175 pounds to participate in this class. Prior to the first class, please call Lynn Carr at (310) 454-0343 for security gate code and directions.

\$259 | James Wyllie  
James Wyllie's Equestrian Education Center,  
Saddlerock Ranch

Tue 9:30a – 10:30a Jan 5 – Feb 9  
Sat 10:30a – 11:30a Jan 9 – Feb 13  
Sun 1:00p – 2:00p Jan 10 – Feb 14

## KIDS & TEENS

Please note: Children MUST BE PICKED UP ON TIME after class.

#### Video Game Design: Platform Game Adventure! (Ages 12-17)

**NEW!** Learn how to use Multimedia Fusion 2 software to create a multi-level platform game. You'll work with a partner as you create unique levels and characters and develop an original plot line for your game. Find out how to give your characters gravity, and how to create interesting and original bad guys to challenge you. Working with design, animation, and programming tools, you'll create a fun and engaging platform adventure!

\$149 | FRESHi  
SMC Bundy Campus, Room 440  
Wed 3:45p – 5:45p Jan 6 – Feb 10

### Sign up for our Newsletters

SUBSCRIBERS RECEIVE:  
Course Updates  
Latest News  
Special Promotions

[commed.smc.edu](http://commed.smc.edu)

register for classes  
**ONLINE**

[at.commed.smc.edu](http://at.commed.smc.edu)



# PROFESSIONAL DEVELOPMENT

Develop new skills—or expand your current ones—through SMC's Community Education courses. These classes are designed to help you develop the necessary workplace skills and career development plan to get a job, keep a job, or get promoted on the job!

## Business and Finance

### Property Management 101

Do you have what it takes to manage rental property? If you are actively looking to purchase a piece of income property, or if you have suddenly become the owner of real estate, find out what you need to know about the most important aspect of rental housing management: keeping the unit occupied with paying tenants who don't destroy it or terrorize the neighbors! Learn how to prepare a property for rent, set rents and security deposits, develop a cost-effective marketing campaign, and show your rental unit to prospective tenants. Find out about techniques for good tenant selection, how to meet minimum standards required for a property to be habitable, proper insurance, how to work with contractors for maintenance, and how to deal with tenants who overstay (and don't pay). Materials fee \$15 at class.

\$129 | Angela Young  
SMC Bundy Campus, Room 335

Sat 10:00a – 3:00p Jan 23 – Jan 30

### Make Extra Income:

#### Auto Wholesale Business from Home

Supplement your income through buying and selling wholesale cars from home. In this DMV-approved course, find out what is required to become a licensed auto dealer and operate a profitable used car business from your computer. Discover how and where to buy cars at wholesale prices, and how to sell them at retail prices for good profits. Learn 6 techniques you can use to generate cashflow. You'll receive a list of more than 300 dealer-only auctions across the USA selling cars below wholesale. A DMV certificate of completion—which qualifies you to take the California Vehicle Dealer/Autobroker exam—will be awarded upon successfully completing the course. Materials fee \$20 at class.

\$99 | Wayne Williams  
SMC Bundy Campus, Room 236

Mon-Tue 6:00p – 9:00p Feb 8 – Feb 9

## Career Enhancement

### Self-Esteem: Boosting Your Emotional and Physical Health

Low self-esteem can negatively affect virtually every part of your life, including your relationships, your job, and your health. Find out how you can raise your self-esteem to a healthy level, even if you've harbored a negative self-image since childhood. The techniques you'll learn can help you boost your self-esteem by changing unhealthy thinking and behavior patterns, as well as help you recognize, challenge, and ultimately replace negative thoughts or inaccurate beliefs with more positive, realistic ones.

\$69 | Inner Fitness  
SMC Bundy Campus, Room 440

Tue 6:00p – 8:00p Jan 12 – Jan 19

### Fundraising for Nonprofits

Are you a volunteer, board member, or on the staff of a not-for-profit? Learn and develop easy and effective ways to ask for donations. Find out how to raise money from major donors, how to attract supporters to help you with fundraising, and how to write marketing materials that inspire people to give. Learn about organizations that have quickly doubled their donations, how they did it, and how you can, too. Optional materials fee \$14.95.

\$129 | Shar McBee  
SMC Bundy Campus, Room 236

Thu 7:00p – 9:00p Jan 14 – Feb 11

### Dealing with Difficult and Demanding People

Never again fall victim to those who love to make life miserable for the rest of us. Learn concrete techniques for dealing with difficult people in the workplace and at home. Discover specific strategies to get adversaries to cooperate, bullies to back off, wallflowers to open up, and chronic complainers to quiet down. Find out how you can approach your job with more enjoyment, deal with coworkers and family members with greater confidence, and improve cooperation, collaboration, and compromise to create a more productive and satisfying workplace and home life.

\$99 | Inner Fitness  
SMC Bundy Campus, Room 440

Mon 6:00p – 8:00p Jan 25 – Feb 8



## SANTA MONICA COLLEGE COMMUNITY EDUCATION

# WINTER 2016 OPEN HOUSE

**Saturday, Jan. 23, 10a–2p, Bundy 123**

- ▶ Come meet our staff and instructors
- ▶ Enjoy mini presentations and demonstrations
- ▶ Attend a special free lecture "Marketing Power: How and Why Language, Symbols and Graphics Sell Your Products" by instructor Gregory Van Zuyen from 2pm – 3pm (immediately after Open House)
- ▶ Receive a special 15% discount\* when registering for classes during your visit
- ▶ Receive a free 2016 calendar (while supplies last)

*\*Cannot be combined with other discounts or promotions!*

**commmed.smc.edu | 310.434.3400**

### What Were You Born to Do?

Find out which of 33 natural talents is the subtle, yet powerful source of your highest potential. Expressing your natural talent ignites passion—relentlessly pursuing it evolves into your destiny. Oprah and Einstein are just two examples of people just 'do it' what comes naturally, so come discover YOUR natural talent, how to develop it, how to apply it to all aspects of life, and why it is the source of everything you desire. Materials fee \$40 at class.

\$59 | Curtis Adney  
SMC Bundy Campus, Room 212  
Fri 1:00p – 5:00p Jan 29

## Computer and Internet Courses

### Fundamentals of Microsoft Excel 2010 for the PC – Creating Spreadsheets

Prerequisite: Familiarity with Windows and the mouse. In a one-day professional course on Microsoft Excel 2010, learn how to create a professional worksheet, build formulas on a worksheet, use automatic functions on a worksheet, create professional charts, and sort and filter databases lists. Class combines hands-on experience with lectures and in-class practice exercises. *You will have your own individual computer to use during class.* Bring a USB flash drive (or memory

stick; no CDs), a notebook, and a pen to class. Course guide and files of practice exercises included in registration fee. Bring a sack lunch.

\$129 | Odemaris Valdivia  
SMC Bundy Campus, Room 127  
Fri 9:00a – 4:00p Jan 15

### COMPUTER BASICS FOR THE EVERYDAY & MS WORD AND EXCEL FOR THE JOB MARKET

Sign up for Computer, Internet and E-mail Basics for the Everyday and MS Word and MS Excel for Entering the Job Market and enjoy a discount! Please look under individual class listings for course details.

Series Pricing: \$119/two classes; \$69/class

### Computer, Internet, and Email Basics for the Everyday

Attaching photos and documents to your email seems daunting? The Internet seems like an ocean of information you just can't conquer? This introductory computer workshop is ideal if you need everyday computer basics to cope in the rapidly evolving world of the Internet. Come find out about computer hardware, software, using MS Windows, various browsers for the Internet, email, and file management. Gain an overview of networks, and learn how to bookmark webpages and save files so you

can find them later. You will leave the class feeling confident about performing Internet searches for jobs, information, and material items. *This is a hands-on class, with each student working at an individual computer.* Bring to class a USB flash drive, along with a notebook and pen.

\$69 | Richard Utas  
SMC Bundy Campus, Room 127  
Sat 9:00a – 1:00p Jan 30

### MSWord and MExcel for the Job Market

Gain confidence to enter or return to the job market by developing your computer skills. Learn the basics for creating MS Word documents and MS Excel spreadsheets. As you create simple Word documents and a sample resume, you will find out how to use bullets and numbering, set margins, make font changes, and set styles. Working in Excel, you will learn the basics of math functions, copy and paste functions, margins, and linking as you create a sample budget sheet. *This is a hands-on class, with each student working at an individual computer.* Bring to class a USB flash drive, along with a notebook and pen.

\$69 | Richard Utas  
SMC Bundy Campus, Room 127  
Sat 2:00p – 6:00p Jan 30

### PHOTOSHOP & ILLUSTRATOR FOR GRAPHIC DESIGN

Sign up for workshops that show you how to use Photoshop and Illustrator to create and enhance your photographs and design ideas. These are hands-on classes, with each student working at an individual computer. You're welcome to attend one or more of these workshops. The discount rate applies only if you pre-register to attend two workshops.

Series Pricing: \$399/two classes; \$229/class

#### Adobe Photoshop (Level I)

Learn to harness your imagination and create your own dreamworlds with Adobe Photoshop. Discover how to turn ordinary photographs into works of art. Gain an understanding of the basic principles of

ADOBE PHOTOSHOP (LEVEL 1) –  
Gregory Van Zuyen



Great instructor. Steve Jobs #2. Genius.

—Student



photo management for professional use. This intensive six-week workshop on the world's most popular computer graphic application covers all general categories of digital imaging for use in both print and on the Web.

\$229 | Gregory Van Zuyen  
SMC Bundy Campus, Room 127

Mon & Wed 6:30p – 9:30p Jan 4 – Jan 25\*  
\*No class on Jan 18.

#### Adobe Illustrator (Level I)

Master the artist inside you. Adobe Illustrator puts all the tools in your hand to render professional graphics and exciting designs for greeting cards, posters, T-shirts, and more! Learn how to use Illustrator to create company logos and colorful artwork for a variety of uses, including printing and fashion design.

\$229 | Gregory Van Zuyen  
SMC Bundy Campus, Room 127

Tue & Thu 6:30p – 9:30p Jan 5 – Jan 21

### SOCIAL MEDIA

#### Facebook, Twitter, and Social Networking for Beginners

Facebook, Twitter, LinkedIn, and blogs have changed how people use the Internet. Whether you want to stay in touch with family and friends or learn how to leverage social networking for your business, this workshop is designed to give you an understanding of these exciting tools, how each one differs, and how they can be used to maximize their effectiveness. Learn how to set up an account, manage privacy, conduct searches, and establish connections using the most popular social networking services. Materials fee \$30 at class.

\$49 | Bob Cohen  
SMC Bundy Campus, Room 212  
Tue 6:30p – 9:30p Jan 12

#### iPhones, iPads, & I'm Lost!

Today's iPhone and iPad can do so much more than make calls and transmit text. Come explore what you really have at your fingertips! Find out how to make the most of your iPhone or iPad as you learn how to set up and use it for email, texting, Bluetooth, and WiFi networks. Pick up tips and techniques for installing apps, taking and sending terrific photos, and making your iPhone or iPad even smarter. iPhone or iPad not required for this class. Class does not cover use of Droids. Materials fee \$30 at class.

\$49 | Bob Cohen  
SMC Bundy Campus, Room 212  
Tue 6:30p – 9:30p Jan 19

# Entrepreneurial Training

## QUICKBOOKS

### QuickBooks I: Mastering the Basics

In a seminar providing basic hands-on training for managing financial information, learn about invoicing, receiving payments, making deposits, cash memos, cash sales, and estimates. Bring to class a USB flash drive to save all your work. You do not need to own the software to attend this workshop.

\$50 | Miriam Aguilar

SMC Bundy Campus, Room 127

Sat 8:30a – 12:30p Jan 23

### QuickBooks II: Beyond the Basics

Learn purchase orders, inventory, entering and paying bills, writing checks, sales tax, reports, memorizing transactions, and bank account reconciliations. Please bring your own USB Flash Drive to save all your work. You do not need to own the software to take this workshop.

\$50 | Miriam Aguilar

SMC Bundy Campus, Room 127

Sat 1:00p – 4:00p Jan 23

## Health Professions

### Phlebotomy Certification

Phlebotomy Technicians are in demand as one of the fastest growing occupations in healthcare. Launch your career as a Phlebotomy Technician, collecting blood samples from patients in a hospital, clinical laboratory, medical office, or clinic. Through lectures and hands-on training,

learn what you need to know about the circulatory system, venipuncture technique and specimen collection, risk factors and complications, and quality assurance. This course provides a complete learning experience—with 42 hours of classroom instruction and a 40-hour hands-on externship—and prepares you to take the national exam to become a Certified Phlebotomy Technician. A certificate of completion is awarded upon successful completion of the course. You must be at least 18 years old or older and have a high school diploma or equivalent.

\$2,500 | Training Specialists

SMC Bundy Campus, Room 217

Sat 8:00a – 5:00p

Jan 9 – Feb 6

## Money Management

### How to Maximize Your Social Security Benefits

Filing for Social Security benefits can be stressful. Failing to use the right strategy when choosing when and how to claim benefits can cost you a lot of money, and potentially put your surviving spouse at financial risk. Don't leave thousands of dollars "on the table" simply because you don't understand how to optimize your benefits. Join us for an informative and easy-to-understand seminar that explores how you can maximize your Social Security income. Gain the knowledge you need to make an educated and confident election decision. This seminar is designed to assist those who have not yet, but will soon begin receiving their Social Security retirement benefits, and those who have begun their payments within the past year.

\$49 | Searchlight Financial

SMC Bundy Campus, Room 216

Tue 6:30p – 8:30p

Jan 26

Santa Monica College

# CAREER COACH

### FIND THE CAREER THAT'S RIGHT FOR YOU

- Find Training Programs at SMC
- Compare Wages and Employment Trends
- Find "Live Jobs" in Your Field
- Build a Professional Resume in Minutes

THIS SERVICE IS OPEN TO OUR COMMUNITY.

[www.smc.edu/careercoach](http://www.smc.edu/careercoach)



# Employment Training Panel List

STUDY ONLINE OR IN A CLASSROOM



## You could be eligible for State funding for career training!

**Santa Monica College is a certified ETPL provider.**

Let us be your destination for your Employment Training Panel needs. Make a commitment to make your dream job a reality.

### ETPL Process

1. **Determine Eligibility:** Meet with a case manager at your local branch of America's Job Center—a one-stop shop for employment and training services—to find out if you qualify for training funds. Go to [lacoworkforce.css.lacounty.gov](http://lacoworkforce.css.lacounty.gov)
2. **Referral Notice:** If you qualify, your case manager will send a referral notice to SMC Community Education to confirm your course costs and start date. SMC Community Education must complete, sign, and return the referral notice to your case manager in order to go to the next step.
3. **Training Agreement:** America's Job Center sends a training agreement to SMC Community Education. The agreement states that America's Job Center agrees to pay for your training, and the terms for how payment will be remitted. The training agreement must be signed by SMC's Director of Community Education and returned to your local branch of America's Job Center for final signature.
4. **Fully Executed Training Agreement:** After America's Job Center places its final signature on the agreement, a copy is sent to SMC. The agreement confirms that you can begin training as outlined in the agreement.
5. **Registration in Course:** SMC Community Education will register you in your course and send you a confirmation via email.

#### ETPL Training Courses offered through SMC Community Education

Phlebotomy Certification ..... page 21  
Online Marketing Certified Practitioner (OMCP) Certification page 24



## update your skills

COMMUNITY EDUCATION > SMC

[www.updateURskills.com](http://www.updateURskills.com)

Contact Jocelyn Winn at 310.434.3410  
[winn\\_jocelyn@smc.edu](mailto:winn_jocelyn@smc.edu)

## Women & Investing

Did you know that women often make the best investors? Whether you're single, widowed, married, employed, or retired, you need to know how to improve your current financial picture. Learn the importance of portfolio allocation, how to select an investment advisor, and how to select investments for growth, income, and safety. We'll also cover estate planning, college education planning for children and grandchildren, planning for a safe and secure financial future, and much more! Plus, we'll include a forecast of the economy, interest rates, real estate, and the stock market.

\$49 | Searchlight Financial  
SMC Bundy Campus, Room 216  
Wed 6:30p – 9:00p Feb 10

## Notary Public/ Renewal

### Become a Notary in One Day

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income, or get recommissioned as a Notary Public! Sign up for this intensive one-day seminar designed to equip you with everything you need to know to become an effective Notary. Find out about the laws that all California Notaries are required to know, as well as what you need to know to pass the State exam (required to be taken every 4 years), identify document signers, keep a journal, fill out certificates, and avoid lawsuits. Seminar includes a practice Notary Public Exam. No admittance to seminar after 8:30 a.m. and you must be on time when returning to the classroom from a break, due to State regulations. If you wish, you can register and take the State exam immediately after completing the seminar. To take the exam, you must be at least 18 years old, have NO felonies on your record, and present: (1) a check made payable to the Secretary of State in the amount of \$40 (for new applicants and renewals); (2) a current driver's license with photo, state-issued ID card, or other appropriate photo ID; (3) a 2"x2" color passport photo; and (4) two sharpened #2 pencils. PLEASE NOTE: Upon passing the exam, you are required to submit Live Scan fingerprints (details will be provided at the seminar). Cooperative Personal Services will begin exam registration takes at 4:00pm with the exam directly following. Materials fee \$35 at class.

\$99 | Carrie Christensen  
SMC Bundy Campus, Room 216  
Sat 8:00a – 6:00p Jan 30

### Renew as a Notary in One Day!

Do you need to renew your status as a Notary? Do it the easy way! Sign up for this 3-hour, State-approved refresher course, and review all the laws, regulations, and other factors that apply to you as a Notary. If your commission has lapsed you must take a 6-hour approved course before taking the exam. Materials fee \$30 at class. PLEASE NOTE: You will be required to pass the State exam and to submit 'Live Scan' fingerprints (details will be provided at the seminar). If you wish, you can register and take the State exam immediately after completing the seminar. To take the exam, you must be at least 18 years old, have NO felonies on your record, and present: (1) a check made payable to the Secretary of State in the amount of \$40; (2) a current driver's license with photo, state-issued ID card, or other appropriate photo ID; (3) 2x2 passport color photo; and (4) two sharpened #2 pencils. Exam registration takes place from 4:15pm to 5pm. The exam will be from 5pm to 6pm. Exam seating limited—seats will be assigned to those registered first. Materials fee \$35 at class.

\$50 | Carrie Christensen  
SMC Bundy Campus, Room 216  
Sat 12:30p – 6:00p Jan 30

## Consider giving a CONTINUING EDUCATION

## *Gift Certificate*

to that special someone.

We can issue a gift certificate  
for a specific class or provide  
gift certificates in  
specific dollar amounts.

**CALL (310) 434-3400  
FOR MORE INFORMATION.**



# Social Media Certificate Training

## Online Marketing Certified Practitioner (OMCP) Classes

### Search Engine Optimization (SEO) and Web Analytics

**NEW!** Recommended prerequisite: Online Marketing Fundamentals: Find out how to use search engine optimization (SEO) to attract website traffic, and how to improve your ability to collect and make sense of data from multiple channels. Learn what you need to know to take on small, medium, or large SEO projects from start to finish—including on-page fundamentals, keyword research, SEO copywriting, site architecture, link building, and local search optimization strategies—and gain an in-depth understanding of KPIs, segmentation, reports, experimentation, and a lot more! OMCP® Exam Preparatory Certificate awarded upon successful completion of the course.

Open enrollment      Fee \$1,699

### Social Media Marketing and Web Analytics

**NEW!** Recommended prerequisite: Online Marketing Fundamentals Social media is evolving rapidly, and marketing on social media requires planning to make best use of your time and resources. Find out how to keep up with all the options, platforms, and trends in social media, and how to use web analytics to determine which ones are worth pursuing. Learn about the tools you need to run a successful social media campaign—including how to collect, analyze, and apply data coming at you from multiple channels—how to develop the most effective strategy to promote a particular business or marketing campaign, and much more! OMCP® Exam Preparatory Certificate awarded upon successful completion of the course.

Open enrollment      Fee \$1,699

OMCP® Exam Preparatory Certificate (Additional Cost: \$395)

Exam can be purchased after you successfully complete the precertification.

**Call 310-434-3410 for additional class listings and information.**

# Introducing Pearson Workforce Education Programs for Higher Education



## Program Highlights

- Online courses are self-paced; start any time.
- Courses are hosted in Pearson Education's robust Learning Management System.
- Courses are aligned to national certifications such as CompTIA, Project Management Institute, National Association of Healthcare Access Management, and more!
- Named one of the Top Workforce Development Providers for 2012 by TrainingIndustry.com.

## Developed by subject matter experts, courses cover a variety of economic sectors:

Workplace Readiness  
Business & Professional  
Health Careers  
Green/Sustainability

IT & Software Development  
Project Management & Quality  
Advanced Manufacturing

To learn more, visit: [www.pearsonworkforceeducation.com](http://www.pearsonworkforceeducation.com)

---

## These programs are now offered through SMC Community Education.

To view classes, go to [commed.smc.edu](http://commed.smc.edu)





## ON THE NET

SMC Community Education offers a wide variety of courses online. These classes are especially convenient for those with work, school, or childcare commitments, physical disabilities, limited access to transportation, or other circumstances that make it difficult to participate in a traditional classroom setting. Our online business and professional courses are designed to increase your success in the business world.

## Bartending

### Bartending the Easy Way – Online

**NEW!** Be the bartender managers want to hire! In a self-paced online course using the Master Code of Mixology™—a branded instruction method for the beverage industry—learn to see the business from three points of view: the bartender, the customer, and the manager. Find out how to practice making cocktails and what you need to know about glassware, tools, recipes, pouring a perfect shot using the “tail,” wine and champagne service, and more! Learn about high-volume sales techniques, laws, and responsible beverage service. Also, pick up tips on job interviews and resumes, as well as how to start your own bartending service, and alternative ways to make money in the beverage industry.

Open start date      Fee: \$100

## Driver Education

### Driver's Ed Online!

**Prerequisite:** Must be age 15½ or older. Are you a teen or adult who wants to learn how to drive? Before you get behind the wheel, sign up for this online course—approved by the California Department of Motor Vehicles (DMV)—and find out about the rules of the road and how to stay safe under a wide range of driving situations. This comprehensive course is a 100% safe, secure, and convenient way to learn safe driving and accident prevention. A certificate of completion is awarded upon successfully completing the course and passing the exam. Open to both Windows PC and Mac users. You may start this course whenever it's convenient for you to do so. Additional details and information will be provided at registration. Go to [smc.driversedonline.com](http://smc.driversedonline.com) to register for this class.

Open start date      Fee: \$29.50

### Traffic School Online!

Got a ticket? Here's a way to help you get it dismissed, stay point-free, and reduce insurance costs! Sign up for online traffic school—approved by the California Department of Motor Vehicles (DMV)—and gain a comprehensive review of the rules of the road, safe driving techniques, and how to prevent accidents. A certificate of completion is awarded upon successfully completing the course and passing the exam. Open to both Windows PC and Mac users. You may start this course whenever it's convenient for you to do so. Additional details and information will be provided at registration. Go to [trafficschoolonline.com](http://trafficschoolonline.com) to register for this class.

Open start date

Fee: \$29.97

## Notary

### Become a Notary Public Online!

Learn everything you need to know—in an online course approved by the State of California—to take the State exam and be on your way to becoming a new or recommissioned Notary Public. All materials—including our Notary Public Sourcebook, which presents practice exams after each section, sample notary scenarios and certificates, marketing solutions, and the laws and regulations that apply to notaries—are included in the course fee. A certificate of completion is awarded upon receipt of an affidavit indicating the student has read all course materials. Open to both Windows PC and Mac users. You may start this course whenever it's convenient for you to do so. Additional details and information on when and where to take the State exam will be provided at registration.

Open start date

Fee: \$75

## Personal Fitness Training Certificate

The Personal Fitness Training Professional Certificate program—**offered as an online series of interactive courses with an optional field internship**—is designed for individuals seeking an exciting new career in the emerging field of personal training, as well as established allied health and fitness professionals from all fields—including athletic trainers, wellness consultants, and registered dietitians—seeking continuing education.

The Web-based program makes it convenient for you—regardless of where you are or the time of day—to fit the program's courses into busy work and home schedules. You

can earn your certificate in as little as five months or (if necessary) as long as two years.

To qualify for the program certificate, you must enroll in the Personal Fitness Training Professional Certificate program and complete all 5 core courses. There is also an optional field internship. A certificate of completion is awarded upon successful completion of each course.

Students who have completed the core Certificate may then register for the Advanced Professional Certificate program, which requires three additional courses. The Advanced Professional Certificate is designed for students interested in furthering their education in personal training by learning how to incorporate specialized resistance training, functional movements, and nutritional guidance into programs for their clients.

*The cost of any books or other materials required for a course is NOT included in the course registration fee.*

Information about textbooks and course materials will be provided when you register. For more information about the program and the jobs and careers it can lead to, please send email to the program coordinator, Ken Baldwin, M.Ed (kbpft@yahoo.com). Please visit [www.efs.pageout.net](http://www.efs.pageout.net) for full course descriptions and an online demo. Classes are set up for open enrollment.

## PROFESSIONAL CERTIFICATE PROGRAM

### Introduction to Exercise Science – Level I

This **online** course helps students gain an understanding of musculoskeletal and functional anatomy and the effects of exercise placed on joint structure during exercise movements.

Open enrollment Fee: \$249

### Introduction to Exercise Science – Level II

This **online** course teaches the personal trainer how the muscular, skeletal, and cardiorespiratory systems function with and without exercise conditioning.

Open enrollment Fee: \$249

### Health Risk Profiles and Fitness Assessment Techniques

This **online** course teaches the personal trainer how to assess and evaluate cardio respiratory endurance, muscular testing techniques, flexibility, body-fat analysis, blood pressure, and body measurements based on ACSM guidelines.

Open enrollment Fee: \$249

## Business Administration and Management Aspects for Personal Trainers

This **online** course provides the personal trainer with a solid background in developing or starting a personal training business, and covers topics such as financial management, marketing strategies, and business plan development.

Open enrollment Fee: \$249

## Designing Exercise Prescriptions for Normal/Special Populations

This **online** course teaches the personal trainer how to develop an exercise prescription in relation to health implications for normal/special populations due to age, medical condition, and fitness level.

Open enrollment Fee: \$249

## Optional-Field Internship in Personal Fitness Training (60 hours)

Prerequisite: Completion of 5 core courses and CPR certification. This is an optional course, and is not required for the Professional Certificate program. Students will work with professionals in the fitness and health industry at fitness facilities and health centers.

Open enrollment Fee: \$249

## ADVANCED PROFESSIONAL CERTIFICATE COURSES

### Nutritional Analysis and Management

This online course teaches basic nutrition principles and how to apply them when designing structured nutritional programs for clients in collaboration with registered dietitians and nutritionists.

Open enrollment Fee: \$249

### Functional Flexibility, Core, and Balance Training

This online course examines principles and techniques for evaluating and implementing exercise prescriptions that include instruction in flexibility, core, and balance training.

Open enrollment Fee: \$249

### The Science and Biomechanics of Resistance/Weight Training Techniques

This online course provides a systematic educational approach to teaching resistance/weight training movements.

Open enrollment Fee: \$249

---

## GLASS FUSING – Terri Bromberg



*An excellent intro to a fascinating art and craft.*

—Student



---

## FACEBOOK, TWITTER, AND SOCIAL NETWORKING FOR BEGINNERS – Bob Cohen



*Bob was absolutely delightful. He is very professional. He delivered the substance of the material in a very 'user-friendly' way. His easy-going demeanor is a pleasure. Bob took his time in his presentation, and was able to answer all of our questions. Overall, I am happy to have had such a terrific instructor like Bob presiding over the class.*

—Brett S.



---

## FRENCH PRONUNCIATION WORKSHO: "THE SOUND OF FRENCH" – Margaret Drach



*Never having had French, this is a great beginning. It lessens the fear of learning French.*

—Patricia N.



---

## BEAD AND JEWELRY BASICS – Susan Ryza



*Great course and teacher, will take more courses and bring friends!*

—Annalisa Z.



---

## FUNDAMENTALS OF MICROSOFT EXCEL FOR THE PC -CREATING SPREADSHEETS – Odemaris Valdivia



*Very useful, very glad I took this course— instructor was generous and enthusiastic.*

—Student



---

## COLORLED PENCIL TECHNIQUES AND DRAWING – Arlene Weinstock



*The techniques I have learned have helped me expand and practice skills.*

—Student



---

# TO REGISTER

All major credit cards accepted. We will e-mail or send you confirmation within two days after receiving your request. If the course is full, we tell you immediately. If you don't hear from us, please call for confirmation.



**ONLINE:** Go to [commed.smc.edu](http://commed.smc.edu)  
All major credit cards accepted.



**BY PHONE:** (310) 434-3400  
Telephone Registration Hours are 8:30 am to 4 pm Monday through Friday. All major credit cards accepted.



**BY EMAIL:** [commed@smc.edu](mailto:commed@smc.edu)



**BY FAX:** (310) 434-3409  
All major credit cards accepted.



**BY MAIL:** Use the Registration Form in this schedule. Please write a separate check for each class, payable to Santa Monica College. Mail your registration form and check(s) to SMC Community Education, 1900 Pico Blvd., Santa Monica, CA 90405. We will send you maps, lists of materials, etc.



**IN PERSON:** The SMC Community Education office is located at the SMC Bundy Campus, 3171 S. Bundy Dr. (at Airport Ave.), Room 112, Los Angeles, CA 90066.

**OFFICE HOURS:** 8:30 am to 5 pm Monday through Friday.

**HOLIDAYS:** Classes do not meet on January 17 and 18.

**ACADEMIC CREDIT:** SMC Community Education classes are not equivalent to credit classes, and cannot be used to meet prerequisites in the SMC credit program.

### CLASS LOCATIONS/PARKING:

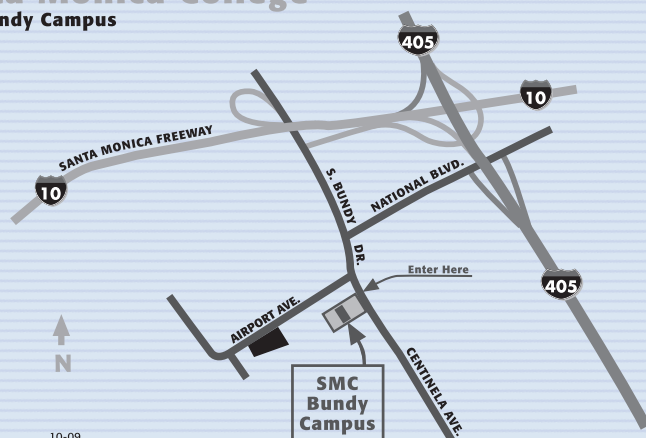
**SMC Main Campus – 1900 PICO BLVD.**  
**PERMIT/PAID PARKING** – Parking on SMC's main campus requires a decal or temporary parking pass at any hour Monday through Thursday, and until noon on Friday. Public parking on SMC's main campus during those times is ONLY available in Lot 6 and costs \$10 for the entire day/evening (no in-and-out privileges). Head-in parking ONLY.  
**FREE PARKING** – On Fridays AFTER noon (12 pm) and on the weekends, parking on SMC's main campus is FREE and no decal is required. Head-in parking ONLY.

**SMC Airport Arts Campus – 2800 AIRPORT AVE.**  
Parking is free, but requires a decal, available from the SMC Campus Police truck onsite. Head-in parking ONLY.



# Santa Monica College

## Bundy Campus



**SMC Bundy Campus** – 3171 S. BUNDY DR.  
Parking is free, but requires a decal, available from the SMC Campus Police truck onsite. Decal is for Student Parking only – DO NOT PARK IN STAFF PARKING – YOU WILL BE TICKETED. Head-in parking ONLY.

**SMC Performing Arts Center** – 1310 ELEVENTH ST.  
Parking is free, but requires a decal, available from the parking attendant onsite. Decal is for Student Parking only – DO NOT PARK IN STAFF PARKING – YOU WILL BE TICKETED. Head-in parking ONLY.

**SMC Emeritus College** – 1227 SECOND ST.  
Parking is available in the City parking structure #2, located at the corner of Second St. and Wilshire Blvd. Parking is free for the first 90 minutes, \$1 for the next hour, and \$1.50 for each additional 30 minutes, up to a maximum of \$14. Evening rates after 6pm may vary. Head-in parking ONLY.

**CANCELLATION POLICY:** Requests for withdrawal from a class must be submitted in writing at least five business days *before* the start date of the class. You will receive a credit voucher applicable to future classes. A minimum service charge of \$10 will be withheld. Full refunds are granted only if a class is cancelled, discontinued, or rescheduled. Please allow 4 to 5 weeks for processing.

**TRANSPORTATION, FIELD TRIPS, & EXCURSIONS:** SMC Community Education does not provide transportation for any voluntary field trips or excursions to any off-campus locations. Although staff may assist in coordinating this transportation or may recommend travel routes, etc., Santa

Monica College is in no way responsible and assumes no liability for any losses or injuries resulting from any non-District-sponsored transportation. If you ride with another SMC student, that student is not an agent of, or driving on behalf of, Santa Monica College. According to California Code of Regulations §55450, if you participate in a voluntary field trip or excursion, you are deemed to have held harmless the District and its officers, agents, and employees from all liability or claims which may arise out of or in connection with your participation in this activity.

**SPECIAL NOTE:** If you are a person with special needs, please make arrangements to bring along an aide or caregiver. Due to limited staff, SMC Community Education personnel cannot provide attendant services.

**SMC ADMINISTRATION AND STAFF**  
Jeffery Shimizu, Interim Superintendent/  
President  
Dr. Patricia Ramos, Dean, Workforce &  
Economic Development  
Michelle King, Director, Career &  
Contract Education

**SMC COMMUNITY EDUCATION STAFF**  
Alice Meyering; Jocelyn Winn

**Schedule prepared by**  
**SMC Office of Marketing**

**SMC BOARD OF TRUSTEES**  
Rob Rader, Chair; Dr. Louise Jaffe, Vice Chair;  
Dr. Susan Aminoff; Dr. Nancy Greenstein;  
Dr. Margaret Quiñones-Perez; Barry A.  
Snell; Dr. Andrew Walzer; Jonathan Eady,  
Student Trustee; Jeffery Shimizu, Interim  
Superintendent/President



**PLEASE  
REGISTER EARLY.**

**Many classes fill quickly. We cancel classes with low enrollment, so your early registration may assure that the class you choose will remain available.**

Payment may be cash, check, or credit card.

**REGISTER** online at [commed.smc.edu](http://commed.smc.edu) or in person at our office at the SMC Bundy Campus, 3171 S. Bundy Dr., Rm 112. Telephone hours are 8:30am to 4pm, Mon.–Fri. **CALL (310) 434-3400** or **FAX to (310) 434-3409.**

**MAIL** registration form and payment to: SMC Community Education, 1900 Pico Boulevard, Santa Monica, CA 90405.

**REGISTRATION FORM**

Name \_\_\_\_\_

Address \_\_\_\_\_

City &amp; Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Your age range: ☐ 0-11 ☐ 11-31 ☐ 32-46 ☐ 47-67 ☐ 68+

If paying by credit card, fill out this box. (Most credit cards accepted.)

Credit Card No.	Exp. Date
Name of Card Holder	Signature

**SIGN ME UP FOR THESE CLASSES:**

Class \_\_\_\_\_ Fee \$ \_\_\_\_\_

Class \_\_\_\_\_ Fee \$ \_\_\_\_\_

Class \_\_\_\_\_ Fee \$ \_\_\_\_\_

Total amount to be charged \_\_\_\_\_ Fee \$ \_\_\_\_\_

**VISIT OUR WEBSITE AT: [commed.smc.edu](http://commed.smc.edu)****PLEASE  
REGISTER EARLY.**

**Many classes fill quickly. We cancel classes with low enrollment, so your early registration may assure that the class you choose will remain available.**

Payment may be cash, check, or credit card.

**REGISTER** online at [commed.smc.edu](http://commed.smc.edu) or in person at our office at the SMC Bundy Campus, 3171 S. Bundy Dr., Rm 112. Telephone hours are 8:30am to 4pm, Mon.–Fri. **CALL (310) 434-3400** or **FAX to (310) 434-3409.**

**MAIL** registration form and payment to: SMC Community Education, 1900 Pico Boulevard, Santa Monica, CA 90405.

**REGISTRATION FORM**

Name \_\_\_\_\_

Address \_\_\_\_\_

City &amp; Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Your age range: ☐ 0-11 ☐ 11-31 ☐ 32-46 ☐ 47-67 ☐ 68+

If paying by credit card, fill out this box. (Most credit cards accepted.)

Credit Card No.	Exp. Date
Name of Card Holder	Signature

**SIGN ME UP FOR THESE CLASSES:**

Class \_\_\_\_\_ Fee \$ \_\_\_\_\_

Class \_\_\_\_\_ Fee \$ \_\_\_\_\_

Class \_\_\_\_\_ Fee \$ \_\_\_\_\_

Total amount to be charged \_\_\_\_\_ Fee \$ \_\_\_\_\_

**VISIT OUR WEBSITE AT: [commed.smc.edu](http://commed.smc.edu)**

## Brand New Tours for the Footloose



*The Bible & The Biltmore*

Treat yourself, family, and friends to a day of relaxation, exploring sights around Los Angeles without worrying about the traffic! Depart from SMC's Bundy Campus in a luxury motorcoach and just kick back and enjoy. Space is extremely limited, so sign up now! Parking is free.

See pages 13–14 for more details.

- **The Bible & The Biltmore**
- **Route 66... The Mother Road**
- **As Seen in Sunset Magazine**

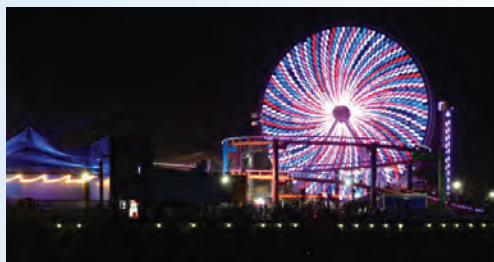
## See the World with New Eyes

### Photography Classes

Our second annual photo contest will begin sooner than you think! Discover the photographer in you with our array of photo workshops that will take you from beginner to expert. Learn the

fundamentals of photography with **Basic Photography** and **Beyond Basic Photography**, and advance to **On the Street with Your Camera** to capture precious images that will put your skills to practice. We are one of the very few places that offers **Black & White Printing**, so if you are interested in refining your skills in creating high-quality black-and-white prints as you explore special toning techniques that can make your images stand out, this is the class for you. Space is limited so register early. Smartphones take even smarter pictures! In our very popular **Cellphone Photography** class, explore downtown L.A. as you learn how to use this portable technology to take fabulous photos to share on social media. Want to stick close to home? Learn how to take advantage of the cover of night with **Night Lights @ Santa Monica Pier** and snap those award-winning photos. Your picture could be our next winning Fall cover!

See pages 11–12 for more details.



*Night Lights @ Santa Monica Pier. Photo © Joe Cislawski.*



© Carlos Hernandez/cultura/Corbis

## Attention, Au Pairs! Earn Educational Hours

You can earn educational hours on a per-hour-attended basis by taking ANY of our Community Education classes.

*\* Educational hours are awarded based on attendance, NOT class length, and are NOT for transfer credit.*

**Go to [commed.smc.edu](http://commed.smc.edu)  
and click on “Au Pairs”**



**QUESTIONS? EMAIL US AT [COMMED@SMC.EDU](mailto:COMMED@SMC.EDU) OR CALL 310-434-3400**

**SANTA MONICA COLLEGE  
COMMUNITY EDUCATION**

**Go to [commed.smc.edu](http://commed.smc.edu) and sign up TODAY!**

# REGISTER FOR WINTER 2016 CLASSES

## Customer Service Academy

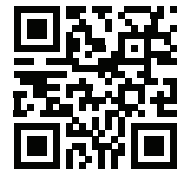
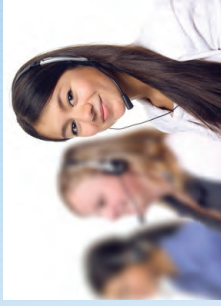
### Back in Spring 2016!

Our Customer Service Academy is a 10-module course that will give you the tools you need to deliver exceptional customer service to your clients.

**Topics include:** Communication, Team Building, Values and Ethics, Stress Management, Decision Making and Problem Solving, and more!

Courses in this short series can be taken individually or together to earn a certificate of completion from Santa Monica College Community Education.

**Sign up for all 10 classes at the same time for \$849,** and receive your certificate.



Choose from hundreds of courses that can enrich and change your life. Classes fill quickly, so sign up for Winter 2016 now!

Complete the registration form on page 30 to get started today.

Non-Profit  
Organization  
U.S. Postage  
P A I D  
Santa Monica  
College

# COMMUNITY EDUCATION

Santa Monica Community College District  
1900 Pico Blvd., Santa Monica, CA 90405  
[www.smc.edu](http://www.smc.edu) | [commed.smc.edu](http://commed.smc.edu)

Go to [commed.smc.edu](http://commed.smc.edu) and sign up TODAY!